



# GAUTENG POWERLIFTING CHAMPION

THIS IS AN ENTRY FORM. NOT A FORM TO SEND ME A LIST OF YOUR  
AFFILIATED MEMBERS

**Date:** 27 August 2011  
**Place:** Zambezi Mall, Pretoria  
**Time:** 10:00 (TO BE CONFIRMED)  
**Weigh In:** 08:00 to 9:30 (TO BE CONFIRMED)  
**Contact:** Helgard 012 808 3737  
**Entry Fee:** R100 per Lifter  
**T-Shirt:** R 75.00  
**Final entries:** Close on Monday 8 August 2011

**DEPOSIT ALL MONIES IN GAUTENG POWERLIFTING ACCOUNT, ABSA ACC NR 404 243 8085**

- \*ALL ENTRY/ T-SHIRT MUST BE PAID WITH ENTRY**
- \*NO LATE ENTRIES – NOT NOW NOT EVER !!!**
- \*PROVINCES MUST ENSURE THAT ALL LIFTERS ARE AFFILIATED**
- \*NO AFFILIATION OR ENTRY FEE = NO COMPETITION!!**

**Please fax all entry forms to 086 654 6978 or mail to [helgard@oxygengym.co.za](mailto:helgard@oxygengym.co.za)**

**Club:** \_\_\_\_\_

**Manager:** \_\_\_\_\_

**Coach:** \_\_\_\_\_

**Referees (Available):** \_\_\_\_\_

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